

Q What's the latest book you read that gave you new insight into children's health or development?

PEDIATRICS

Ari Brown, M.D.
Author of *Baby 411* and *Toddler 411*

* **Harry L. Gewanter, M.D.**
Virginia Commonwealth University School of Medicine

Harvey Karp, M.D.
Author of *The Happiest Baby on the Block* and *The Happiest Toddler on the Block*

Lori Laffel, M.D., M.P.H.
Joslin Diabetes Center

Philip Landrigan, M.D.
Mount Sinai School of Medicine

Jane Morton, M.D.
Stanford University School of Medicine

Irwin Redlener, M.D.
The Children's Health Fund

Michael Rich, M.D., M.P.H.
Center on Media and Child Health, Children's Hospital Boston

Harley A. Rotbart, M.D.
Children's Hospital Colorado

Darshak Sanghavi, M.D.
Author of *A Map of the Child: A Pediatrician's Tour of the Body*

Jennifer Shu, M.D.
Coauthor of *Heading Home With Your Newborn*

Wendy Sue Swanson, M.D., M.B.E.
Author of *Seattle Mama Doc* blog

CHILD DEVELOPMENT AND BEHAVIOR

* **Jenn Berman, Psy.D.**
Author of *SuperBaby*

Michele Borba, Ed.D.
Author of *The Big Book of Parenting Solutions*

William Doherty, Ph.D.
University of Minnesota

MENTAL HEALTH

Michael Thompson, Ph.D.
Author of *It's a Boy!* and coauthor of *Raising Cain*

WOMEN'S HEALTH

Alice D. Domar, Ph.D.

Domar Center for Mind/Body Health
Jamie Grifo, M.D., Ph.D.
New York University School of Medicine

Laura Riley, M.D.
Massachusetts General Hospital

ALLERGY

William E. Berger, M.D.
University of California-Irvine School of Medicine

Hugh Sampson, M.D.
Mount Sinai School of Medicine

NUTRITION

Connie Diekman, R.D.
Washington University in St. Louis

David Ludwig, M.D., Ph.D.
Children's Hospital Boston

* **Elisa Zied, R.D.**
Author of *Feed Your Family Right* and *Nutrition at Your Fingertips*

EMERGENCY MEDICINE AND SAFETY

Dennis R. Durbin, M.D.
The Children's Hospital of Philadelphia

Martin Eichelberger, M.D.
Safe Kids Worldwide; Children's National Medical Center

Gary A. Smith, M.D., Dr.P.H.
Center for Injury Research and Policy, Nationwide Children's Hospital

MENTAL HEALTH

David Fassler, M.D.
University of Vermont College of Medicine

Harold S. Koplewicz, M.D.
Child Mind Institute

Kyle Pruett, M.D.
Yale University School of Medicine

Fred Volkmar, M.D.
Yale Child Study Center

EDUCATION AND CHILD CARE

Kathleen McCartney, Ph.D. *
Harvard Graduate School of Education

Robert Pianta, Ph.D.
Curry School of Education, University of Virginia

SLEEP

Jodi Mindell, Ph.D.
The Children's Hospital of Philadelphia

Judith Owens, M.D.
Children's National Medical Center

DERMATOLOGY

Lawrence F. Eichenfield, M.D.
Rady Children's Hospital, San Diego

Jody Alpert Levine, M.D. *
Plastic Surgery & Dermatology of NYC

DENTISTRY

Burton L. Edelstein, D.D.S., M.P.H.
Children's Dental Health Project

The Parents We Mean to Be, by Richard Weissbourd



The Curious Incident of the Dog in the Night-Time, by Mark Haddon



The Blessing of a B Minus, by Wendy Mogel, Ph.D.



A go-to source for everything baby, the updated 5th edition of *Baby 411*, by Ari Brown, M.D., is also available in an iPad edition that includes a dozen how-to videos.



Dr. Michael Rich, "The Mediatrixian"

Q Whenever my 7-year-old son gets together with his friends they want to be on the Wii or playing video games the whole time; he says this is how they have fun. Am I wrong to fight with him about it?

A. There's nothing inherently problematic about your son playing video games with his friends (especially if the content is nonviolent), but if that's all they want to do, you're right to encourage them to run around outside or go climb a tree instead. **Kids who love Wii Sport would still probably prefer to play baseball in the park, so offer to take them** (and their coats and gloves!), even if it's cold out. If you're okay with your son playing video games some of the time, you should still keep in mind that there are other parents who aren't but may not be comfortable raising the issue with you. Before a playdate, it's always a good idea to check with the friends' parents to see how they feel.